Doctors for Osteoporosis

by NEWLIFEOUTLOOK TEAM

Endocrinologists Specialize in Managing Osteoporosis

After a diagnosis of osteoporosis and an initial assessment, you may be referred to an endocrinologist specialist to eliminate the possibility of an underlying disease. Your osteoporosis doctor can help you with treatments; here are some of the best:

- **Endocrinologists** - Treat the endocrine system, comprising of the glands and hormones that help control metabolic function. Endocrinologists also treat diabetes, thyroid, and pituitary gland dis-functions.

Other specialists who treat osteoporosis include:

- **Rheumatologists** - Diagnose and treat conditions of the joints, muscles, bones, and tendons including arthritis and collagen diseases
- **Internists** - Specialize in internal medicine, providing long-term inclusive care, have expertise in several areas, and serve as consultants to other specialists
- **Geriatricians** - Specialize in the conditions and diseases that occur among the elderly
- **Gynecologists** - Diagnose and treat female reproductive conditions and associated disorders
- **Orthopedic surgeons** - Care for patients with musculoskeletal conditions, such as congenital skeletal malformations, bone fractures, infections, and metabolic issues
- **Physiatrists** - Specialize in physical medicine and rehabilitation to restore physical, psychological, occupational, and social functioning

Endocrinologists

An endocrinologist is a specifically trained doctor who specializes in gland diseases. They diagnose and treat hormone imbalances in the endocrine organs, including the thyroid, adrenals, pituitary gland, pancreas, testes, and ovaries.

Endocrinologists treat:

- Osteoporosis.
- Cancers of the endocrine glands.
- Cholesterol or lipid disorders.
- Diabetes.
- Hypertension.
- Infertility.
- Lack of growth or metabolic disorders.
- Menopause.
- Over or underproduction of hormones.
- Thyroid diseases.

Endocrinology involves specialized knowledge of many bodily systems, including understanding how the glands work. Diagnosis often involves assessing an assortment of symptoms and relies on a thorough knowledge of clinical chemistry and biochemistry. Many laboratory tests are also used, including diagnostic imaging.

Managing these diseases often means long-term treatment and may involve observations at the cellular or molecular level.

Numerous professional organizations are dedicated to endocrinology since the field encompasses a number of the body's systems and functions.

How endocrinology treats osteoporosis

The balance between building and breaking down bone is vital to skeletal health. Over time, an increase in breaking down bone over bone formation can lead to significant bone loss and osteoporosis. Many of the influences of the process are hormonal and endocrine specialists understand the effects of hormones on bone. They will examine your physiology and look for signs of endocrine disorders.

If a diagnosis is made, an endocrinology specialist can prescribe a treatment plan that gets to the source of your condition – including treating any underlying diseases and symptoms. They will treat the endocrine system, comprising the glands and hormones that contribute to metabolism.

Identifying any underlying conditions that can influence your bone mass may be a vital step toward your recovery and pain management. Endocrinologists treat diabetes, thyroid, and pituitary gland dysfunctions as well as osteoporosis.

Talk to your healthcare provider about seeing an osteoporosis doctor.